

Dr. Torrey Rassfeld & Dr. Sylvia Trotter - Physical History Form

Name: _____

What is your foot complaint/concern today? _____

Drug Allergies: None or list _____

Medications: None or list with Strength and Dosage _____

Recent hospitalizations/ Prior surgeries: None or list _____

Medical History: ****Check all the boxes that apply or check none apply****

- | | | | |
|---------------------------------------|----------------------------------------------|-----------------------------------------------|--------------------------------------------|
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Heart attack | <input type="checkbox"/> Multiple sclerosis | <input type="checkbox"/> None Apply |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Heart disease | <input type="checkbox"/> Osteoarthritis | |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Rheumatoid arthritis | |
| <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Parkinson's | |
| <input type="checkbox"/> Gout | <input type="checkbox"/> Kidney disease | <input type="checkbox"/> Stroke | |
| | | <input type="checkbox"/> Thyroid problems | |

Review of Symptoms:

Constitutional

- Fatigue
- Fever
- History of MRSA infection

Endocrine

- Excessive sweating
- Excessive thirst
- Heat/cold intolerance

Psychiatric

- Anxiety
 - Depression
 - Memory loss
- None Apply**

Peripheral Vascular

- Calf pain with walking
- Cold feet
- Previous bypass surgery in the legs
- Varicose veins

Musculoskeletal

- Muscle pains/cramps
- Joint stiffness
- Backache

Neurological

- Fainting
- Numbness, burning or tingling
- Involuntary movements
- Weakness
- Seizures

Hematological/Lymphatic

- Easy bruising
- Past blood transfusion

Integumentary

- Moles or lesions
- Skin rashes
- Slow healing sores

Respiratory

- Asthma

Have you fallen in the past 12 months?

NO: _____ **YES:** _____ **If Yes - How many times:** _____ **Were you injured?:** _____

Social History: Alcoholic drinks per week: # _____ **Nicotine use:** Never Prior Current- how much? _____

Physical activity level: Inactive Minimal Moderate Aggressive **Drug use/ abuse:** Yes No

Family History: Check and list relative (Immediate family members only i.e. Mom, Dad, Brother, Sister)

- | | | |
|--------------------------------------------------|----------------------------------------------|----------------------------------------------------|
| <input type="checkbox"/> Bleeding disorder _____ | <input type="checkbox"/> Cancer _____ | <input type="checkbox"/> Diabetes _____ |
| <input type="checkbox"/> Drug abuse _____ | <input type="checkbox"/> Heart disease _____ | <input type="checkbox"/> High blood pressure _____ |
| <input type="checkbox"/> Stroke _____ | <input type="checkbox"/> Other: _____ | <input type="checkbox"/> None |

Patient signature: _____

Date: _____